



The Values (& their Disciplines) of Leadership

“THE HOW”



What is “Communication?”

Leading authentically by fostering self-awareness and transparency on needs, plans and values .



What is “Honesty?”

Acting with integrity, e.g., pursuant to commitments; if such is later deemed impossible, we communicate and act on what is.



What is Respect?

Modeling desired conduct by asking direct, empathetic questions and listening for content and emotion on problems to foster dialogue on solutions.



What is “Solidarity?”

Learning and working in community to achieve desired results.



What is “Responsibility?”

Being a force for change by embracing a standard of excellence and promoting responsibility for actions and solutions.

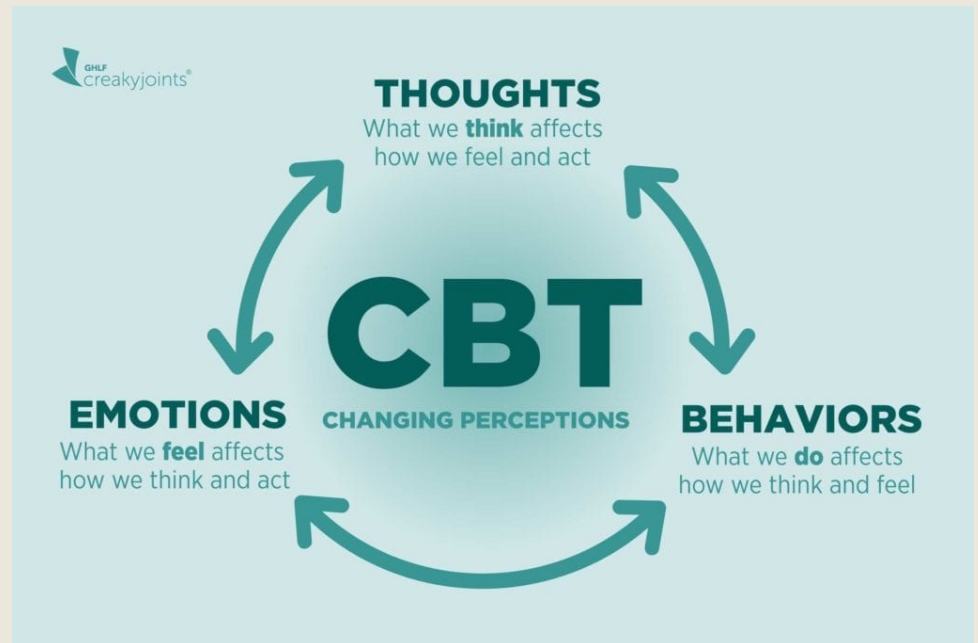
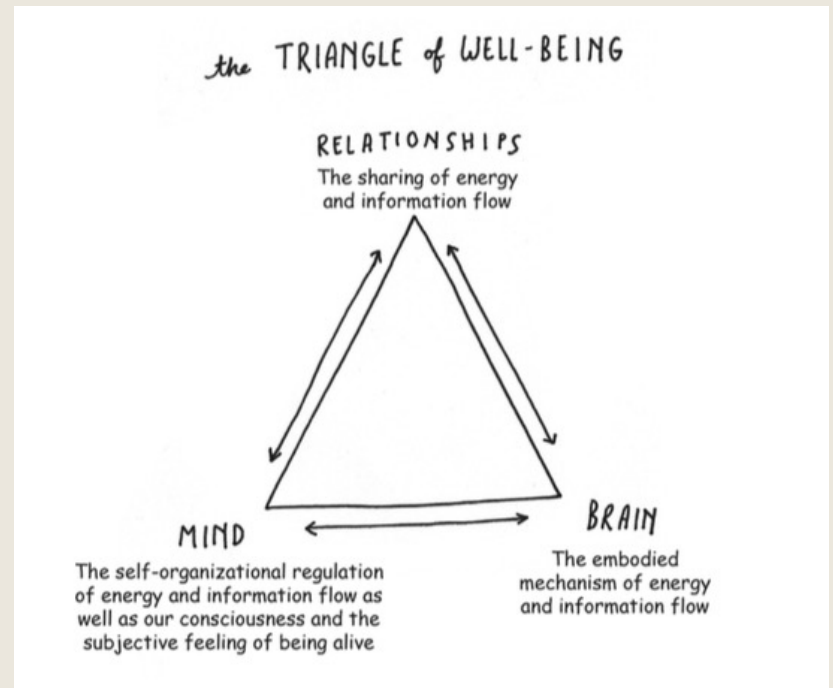


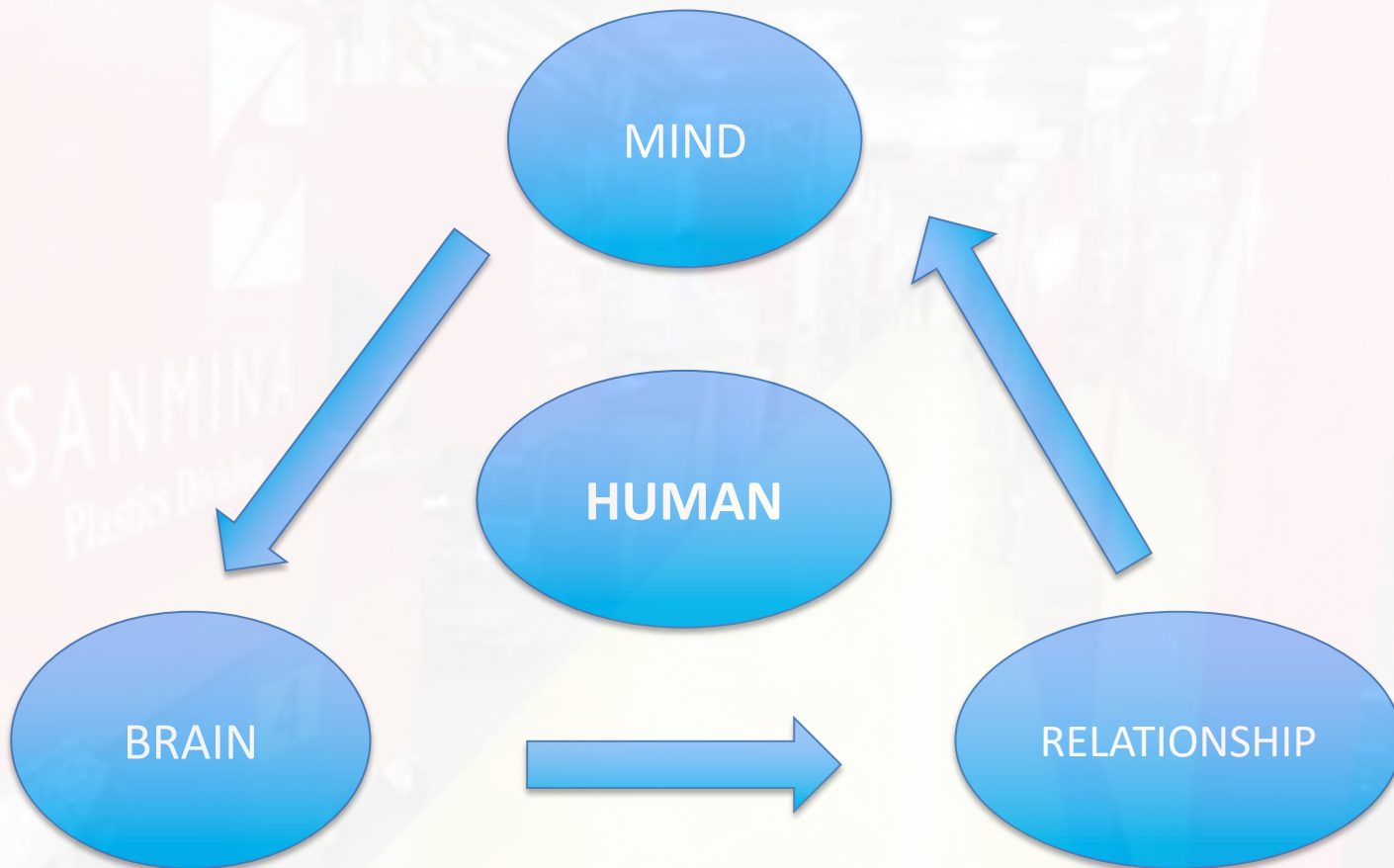
What is Love?

Empowering others to action by choosing to grow our and partners' well being.

PSYDEH's Approach to Leader Values

- **Interpersonal Neurobiology (IPNB):** our brain, mind, and relationship shape who we are
- **Cognitive Behavioral Science:** action-oriented, problem-solving field that explores how we change both our perceptions and behaviors
- Experimentation, practice, and feedback with relationship formation being **THE KEY**





Why PSYDEH leader values (and their disciplines) and worker leadership development?

[Interpersonal neurobiology](#) defines the mental experience as an embodied process that regulates the flow of energy and information. This exchange is developed through three fundamental elements: the mind, the brain and relationships. Thus, a worker's values/disciplines facilitate relationships with self, information and other.